

CONSULTANT PROFILE – CATHERINE A. LANGE**EXPERIENCE AND PROFESSIONAL EXPERTISE**

Catherine A. Lange is the CEO and Founder of BusinessWorks of America, Inc. For over a decade, BusinessWorks has provided high potential corporate leaders who are ready to advance to the next level, build their strengths and overcome obstacles to success. Through leadership consulting, training and coaching services, Catherine helps you build your capacity for high performance individuals and teams.

Catherine has personally helped top corporate and nonprofit leaders as well as their teams to:

- **Build high performance teams that produce superior results.**
- **Build next generation leaders** to ensure ongoing leadership capacity and organizational results.
- **Coach executives to build off of their strengths and overcome barriers to success.**
- **Learn to apply the basics of Emotional Intelligence (EQ)** to grow and motivate others.
- **Live a more integrated and balanced life.**

TRAINING AND EDUCATIONAL BACKGROUND

- Over 30 years of business experience, including 20 years in Fortune 500 technology industry, managing national organizations
- Over 12 Years of experience as a consultant and executive coach to senior leadership and their teams.
- Graduate of Georgetown University; Corporate Coach University, with certificates in Myers Briggs, The Successful Professional, DISC and other leadership development assessments
- Member of the International Coach Federation (ICF)
- Graduate of post-graduate program focusing on groundbreaking theory and practices in leadership, coaching, and executive personal excellence (The Leadership Circle, Self-Relations Identity Process, & Gestalt Professional Development Program).
- Business Leadership positions with largest chamber in Northern Virginia, as Board and Executive Committee Member; Co-Founder of the Women's Business Council; Board Member of the Northern Virginia Community Foundation, and Fairfax County Business and Community Advisory Board. Co-Founder of the Angels' Network charity.
- Speaking engagements and programs for PriceWaterhouseCoopers ("The Art of Bragging"), Women in Technology, ("Getting to the Next Level"), Sallie Mae, ("Building Your Network" & "Executive Women's Forum"), Métier ("Career Path Roadmap Program"), NACHA, ("Critical Skills for Next Generation Leaders"), SunTrust Bank ("Client Development for Success & Profit), NCC ("Conflict Management"), George Mason Executive MBA Program ("On Leadership") and others including DISC Communications Workshops, Emotional Intelligence, and Group Facilitation.

Clients

Comerica Bank, SunTrust Bank, Sallie Mae, EDS, Deloitte Touche, CGI, Federal Realty Investment Trust, CBRE, Jones Lang LaSalle, InfoTech Strategies, Métier, Apogen Technologies, Hickok Cole, National Foundation for Teaching Entrepreneurship, NACHA, National Children's Center, US Army Women's Foundation, Mentors Inc.